

January 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>31</p> <p>Breakfast: Muffins, Bananas</p> <p>Lunch: Hamburger Steak & Gravy, Rice, Honeydew</p> <p>Snack: Cheese Puffs, Orange Slices</p> | <p>1</p> <p>Happy New Year!</p> | <p>2</p> <p>Breakfast: Bagels, Apricots</p> <p>Lunch: Chicken and rice, Field Peas, Diced Carrots</p> <p>Snack: Cut Grapes, Cheez-its</p> | <p>3</p> <p>Breakfast: Cereal, Honeydew</p> <p>Lunch: Mac n Cheese, Green Beans, Pears</p> <p>Snack: Cheese Cubes, Bananas</p> | <p>4</p> <p>Breakfast: Trix Cereal, Orange Slices</p> <p>Lunch: Baked Popcorn Chicken, Corn, Mandarin Oranges</p> <p>Snack: Yogurt, Animal Crackers</p> |
| <p>7</p> <p>Breakfast: Turkey Sausage and Biscuit, Strawberries</p> <p>Lunch: Baked Chicken Fries, Diced Carrots, Fruit Cocktail</p> <p>Snack: Chex Mix, Grape Giggles</p> | <p>8</p> <p>Breakfast: Bagels, Applesauce</p> <p>Lunch: Grilled Turkey and Cheese Sandwich, Field Peas, Peaches</p> <p>Snack: Strawberries, Graham Crackers</p> | <p>9</p> <p>Breakfast: French Toast Sticks, Strawberries</p> <p>Lunch: Lasagna, Green Beans, Pears</p> <p>Snack: Cheese Sticks, Ritz Crackers</p> | <p>10</p> <p>Breakfast: Baked Oatmeal, Peaches</p> <p>Lunch: Mixed Veggie Noodles with Chicken and Alfredo Sauce, Spinach Salad, Pineapple</p> <p>Snack: Raisins, Graham crackers</p> | <p>11</p> <p>Breakfast: Trix Cereal, Bananas</p> <p>Lunch: Chicken Nuggets, Sweet Potato Wedges, Pineapple, Roll</p> <p>Snack: Pretzel Sticks, Mango Chunks</p> |
| <p>14</p> <p>Breakfast: Pancakes and Blueberries</p> <p>Lunch: Chicken Soft Taco, Yellow Rice, Mandarin Oranges</p> <p>Snack: Yogurt Parfait with Strawberries</p> | <p>15</p> <p>Breakfast: Cheesy Hash Brown Patty, Turkey Sausage, Blueberries</p> <p>Lunch: Turkey and Cheese Roll up Carrot Sticks, Peaches</p> <p>Snack: Graham Crackers, Raisins</p> | <p>16</p> <p>Breakfast: Trix Cereal, Orange Slices</p> <p>Lunch: Mini Corn Dogs, Green Beans, Apricots</p> <p>Snack: Apple Slices, Pretzels, Hummus</p> | <p>17</p> <p>Breakfast: Mini Quiche, Raspberries</p> <p>Lunch: Penne Pasta with Marinara Sauce, Broccoli, Fruit cocktail</p> <p>Snack: Animal Crackers, Cheese Cubes</p> | <p>18</p> <p>Breakfast: Oatmeal, Blueberry Muffin</p> <p>Lunch: Cheeseburger, Baked Fries, Pears</p> <p>Snack: Goldfish, Applesauce</p> |
| <p>21</p> <p>MLK DAY I HAVE A DREAM</p> | <p>22</p> <p>Breakfast: Turkey Sausage Biscuits, Blueberries</p> <p>Lunch: BBQ Sandwich, Field Peas, Honeydew</p> <p>Snack: Cheese Stick, Animal Crackers</p> | <p>23</p> <p>Breakfast: Pancakes, Strawberries</p> <p>Lunch: Crispidos, Corn, Fruit Cocktail</p> <p>Snack: Animal Crackers, Apple Slices</p> | <p>24</p> <p>Breakfast: Hash Brown Bowl, Peaches</p> <p>Lunch: Turkey and cheese Wheat Slider, Green Beans, Mandarin Oranges</p> <p>Snack: Yogurt, Goldfish Crackers</p> | <p>25</p> <p>Breakfast: Cereal, Orange Slices</p> <p>Lunch: Pizza, Diced Carrots, Pineapple, Yogurt</p> <p>Snack: Chex Mix, Applesauce</p> |
| <p>28</p> <p>Breakfast: Turkey Sausage and Biscuit, Strawberries</p> <p>Lunch: Veggie Noodle Spaghetti, Pineapple, Diced Carrots</p> <p>Snack: Apple Slices, Goldfish</p> | <p>29</p> <p>Breakfast: Muffins, Yogurt</p> <p>Lunch: Chicken Broccoli and Rice, Black eyed Peas, Pears</p> <p>Snack: Graham Crackers, Applesauce</p> | <p>30</p> <p>Breakfast: French Toast Sticks, Strawberries</p> <p>Lunch: Crispidos, Green Beans Pears</p> <p>Snack: Strawberries, Graham Crackers</p> | <p>31</p> <p>Breakfast: Biscuits and Gravy, Apricots</p> <p>Lunch: Grilled Turkey and Cheese, Lima Beans, Fruit Cocktail</p> <p>Snack: Pretzels, Yogurt</p> | |
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