

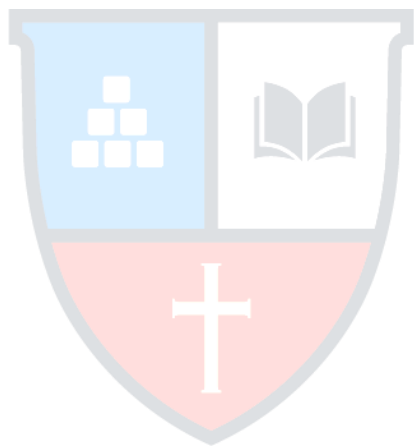


December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast: Grits, Strawberries Lunch: Baked Popcorn Chicken, Rice, Applesauce Snack: Baked Lays, Orange Slices	3 Breakfast: Pancakes, Bananas Lunch: Turkey and Cheese Sandwich, Broccoli, Mandarin Oranges Snack: Cheese Sticks, Crackers	4 Breakfast: Bagels, Apricots Lunch: Chicken and Wild Rice, Black Eyed Peas, Diced Carrots Snack: Applesauce, Cheez-Its	5 Breakfast: Cereal, Honeydew Lunch: Mac n Cheese, Green Beans, Pears, Snack: Cheese Sticks, Bananas	6 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Peaches Snack: Yogurt, Animal Crackers
9 Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Breaded Chicken Nuggets, Diced Carrots, Fruit Cocktail Snack: Chex Mix, Raisins	10 Breakfast: Bagels, Applesauce Lunch: Grilled Turkey and Cheese Sandwich, Black Eyed Peas, Peaches Snack: Strawberries, Graham Crackers	11 Breakfast: French Toast Sticks, Strawberries Lunch: Baked Chicken Fries, Sweet Peas, Pears Snack: Cut Grapes, Ritz Crackers	12 Breakfast: Scrambled Eggs, Peaches Lunch: Wholegrain Pasta with Chicken and Spaghetti Sauce, Pineapple Snack: Cheese Sticks, Animal Crackers	13 Breakfast: Cereal, Bananas Lunch: Pizza, Potato Wedges, Pineapple Snack: Pretzels, Mango Chunks
16 Breakfast: Pancakes, Blueberries Lunch: Chicken Soft Taco, Wild Rice, Mandarin Oranges Snack: Yogurt, Strawberries	17 Breakfast: Cheesy Hash Brown, Turkey Sausage, Blueberries Lunch: Turkey and Cheese Roll up, Carrot Sticks, Peaches Snack: Graham Crackers, Raisins	18 Breakfast: Cereal, Orange Slices Lunch: Mini Corn Dogs, Green Beans, Apricots Snack: Apple Slices, Pretzels	19 Breakfast: Scrambled Eggs, Bananas Lunch: Wholegrain Pasta with Spaghetti Sauce, Broccoli, Fruit Cocktail Snack: Animal Crackers, Cheese Sticks	20 Breakfast: Turkey Sausage Pattie, French Toast Sticks Lunch: Popcorn Chicken Nuggets, Baked French Fries, Pears Snack: Goldfish, Applesauce
23 Breakfast: French Toast Sticks, Bananas Lunch: Wholegrain Pasta with Spaghetti Sauce, Broccoli, Pineapple Snack: Carrots Sticks with Ranch, Crackers	24 	25 	26 Breakfast: Hash Browns, Turkey Sausage, Peaches Lunch: Turkey and Cheese Wheat Slider, Green Beans, Mandarin Oranges Snack: Yogurt, Goldfish	27 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Pineapple Snack: Chex Mix, Applesauce
30 Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Wholegrain Penne Pasta with Spaghetti Sauce, Diced Carrots, Pineapple Snack: Apple Slices, Goldfish	31 Breakfast: Bagels, Yogurt Lunch: Chicken, Broccoli and Rice, Pears Snack: Graham Crackers, Applesauce			



ARDENT
PRESCHOOL & DAYCARE