

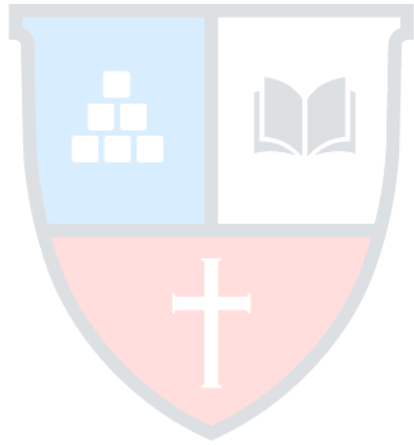


November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Pineapple Snack: Chex Mix, Applesauce
4 Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Wholegrain Pasta with Spaghetti Sauce, Pineapple, Diced Carrots Snack: Apple Slices, Goldfish	5 Breakfast: Bagels, Yogurt Lunch: Chicken, Broccoli and Rice, Pears Snack: Graham Crackers, Applesauce	6 Breakfast: French Toast Sticks, Peaches Lunch: Crispidos, Green Beans, Pears Snack: Strawberries, Graham Crackers	7 Breakfast: Biscuits and Gravy, Apricots Lunch: Grilled Turkey and Cheese, Lima Beans, Fruit Cocktail Snack: Pretzels, Yogurt	8 Breakfast: Cereal, Bananas Lunch: Chicken Taco with Spinach, Peas, Carrots, Pineapple Snack: Animal Crackers, Orange Slices
11 Breakfast: Cheese Toast, Peaches Lunch: Pizza, Lima Beans, Pineapples Snack: Yogurt, Cheez-Its	12 Breakfast: Bagels and Applesauce Lunch: Loaded Mashed Potatoes, Broccoli, Peaches Snack: Sliced Oranges, Graham Crackers	13 Breakfast: Pancakes, Turkey Sausage Lunch: Mini Corn Dogs, Green Beans, Pears Snack: Cheese Sticks, Cut Grapes	14 Breakfast: Scrambled Eggs, Blueberries Lunch: Chicken Pot Pie, Biscuits, Peaches Snack: Cheese Sticks, Chex Mix	15 Breakfast: Muffins, Strawberries Lunch: Baked Chicken Fries, Mixed Veggies, Mandarin Oranges Snack: Carrot Sticks, Ranch, Pretzels
18 Breakfast: Hash Browns, Turkey Sausage, Peaches Lunch: Wholegrain Chicken Nuggets, Baked French Fries, Mandarin Oranges Snack: Yogurt, Blueberries	19 Breakfast: Pancakes, Strawberries Lunch: Pasta Salad with Chicken, Field Peas, Pears Snack: Animal Crackers, Cheese Sticks	20 Breakfast: Cinnamon Raisin Toast, Apricots Lunch: Chicken with Wild Rice, Green Beans, Peaches Snack: Pretzels, Bananas	21 Breakfast: French Toast Sticks, Bananas Lunch: Turkey and Cheese Wraps with Spinach, Wild Rice, Fruit Cocktail Snack: Goldfish, Applesauce	22 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Peaches Snack: Bananas, Nilla Wafers
25 Breakfast: Pancakes, Bananas Lunch: Chicken Cheesy Burrito, Mixed Veggies, Pineapple Snack: Animal Crackers, Yogurt	26 Breakfast: Bagels, Yogurt Lunch: Baked Popcorn Chicken, Black Eyed Peas, Pears Snack: Pretzels, Cheese Sticks	27 Breakfast: Cheese Toast, Applesauce Lunch: Macaroni n Cheese, Peas, Carrots, Fruit Cocktail Snack: Cut Grapes, Graham Crackers	28 	29 



ARDENT
PRESCHOOL & DAYCARE