
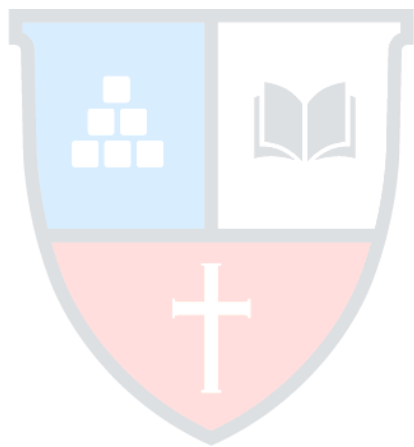


September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Breakfast: Grits, Turkey Bacon Lunch: Open Faced BBQ Sandwich, Black Eyed Peas, Pears Snack: Cheese Sticks, Animal Crackers	4 Breakfast: Pancakes, Strawberries Lunch: Crispidos, Corn, Fruit Cocktail Snack: Animal Crackers, Apple Slices	5 Breakfast: Hash Browns, Turkey Sausage, Peaches Lunch: Turkey and Cheese Wheat Slider, Green Beans, Mandarin Oranges Snack: Yogurt, Goldfish	6 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Pineapple Snack: Chex Mix, Applesauce
9 Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Wholegrain Penne Pasta with Spaghetti Sauce, Pineapple, Diced Carrots Snack: Apple Slices, Goldfish	10 Breakfast: Bagels, Yogurt Lunch: Chicken, Broccoli and Rice, Pears Snack: Graham Crackers, Applesauce	11 Breakfast: French Toast Sticks, Peaches Lunch: Crispidos, Green Beans, Pears Snack: Strawberries, Graham Crackers	12 Breakfast: Biscuits and Gravy, Apricots Lunch: Grilled Turkey and Cheese, Lima Beans, Fruit Cocktail Snack: Pretzels, Yogurt	13 Breakfast: Cereal, Bananas Lunch: Chicken Taco with Spinach, Peas, Carrots, Pineapple Snack: Animal Crackers, Orange Slices
16 Breakfast: Cheese Toast, Peaches Lunch: Pizza, Lima Beans, Pineapples Snack: Yogurt, Cheez-It's	17 Breakfast: Bagels, Applesauce Lunch: Loaded Mashed Potatoes, Broccoli, Peaches Snack: Sliced Oranges, Graham Crackers	18 Breakfast: Pancakes, Turkey Sausage Lunch: Mini Corndogs, Green Beans, Pears Snack: Cheese Sticks, Cut Grapes	19 Breakfast: Scrambled Eggs, Blueberries Lunch: Chicken Pot Pie, Biscuits, Peaches Snack: Cheese Sticks, Chex Mix	20 Breakfast: Muffins, Strawberries Lunch: Baked Chicken Fries, Mixed Veggies, Mandarin Oranges Snack: Carrot Sticks, Ranch, Pretzels
23 Breakfast: Hash Browns, Turkey Sausage, Peaches Lunch: Wholegrain Chicken Nuggets, Baked French Fries, Mandarin Oranges Snack: Yogurt, Blueberries	24 Breakfast: Pancakes, Strawberries Lunch: Pasta Salad with Chicken, Black Eyed Peas, Pears Snack: Animal Crackers, Cheese Sticks	25 Breakfast: Cinnamon Raisin Toast, Apricots Lunch: Chicken with Wild Rice, Green Beans, Peaches Snack: Pretzels, Bananas	26 Breakfast: French Toast Sticks, Bananas Lunch: Turkey and Cheese Wraps with Spinach, Wild Rice, Fruit cocktail Snack: Goldfish, Applesauce	27 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Peaches Snack: Bananas, Nilla Wafers
30 Breakfast: Pancakes, Bananas Lunch: Chicken Cheesy Burrito, Mixed Veggies, Pineapple Snack: Animal Crackers, Yogurt				



ARDENT
PRESCHOOL & DAYCARE