



January

2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2 Breakfast: Cereal, Honeydew Lunch: Mac n Cheese, Green Beans, Pears, Snack: Cheese Sticks, Bananas	3 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Peaches Snack: Yogurt, Animal Crackers
6 Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Breaded Chicken Nuggets, Diced Carrots, Fruit Cocktail Snack: Chex Mix, Raisins	7 Breakfast: Bagels, Applesauce Lunch: Grilled Turkey and Cheese Sandwich, Black Eyed Peas, Peaches Snack: Strawberries, Graham Crackers	8 Breakfast: French Toast Sticks, Strawberries Lunch: Baked Chicken Fries, Green Beans, Pears Snack: Ritz Crackers, Cut Grapes	9 Breakfast: Scrambled Eggs, Peaches Lunch: Wholegrain Pasta with Chicken and Spaghetti Sauce, Pineapple Snack: Cheese Sticks, Animal Crackers	10 Breakfast: Cereal, Bananas Lunch: Pizza, Potato Wedges, Pineapple Snack: Pretzels, Mango Chunks
13 Breakfast: Pancakes and Blueberries Lunch: Chicken Soft Taco, Wild Rice, Mandarin Oranges Snack: Yogurt, Strawberries	14 Breakfast: Cheesy Hash Browns, Turkey Sausage, Blueberries Lunch: Turkey and Cheese Roll up Carrot Sticks, Peaches Snack: Graham Crackers, Raisins	15 Breakfast: Cereal, Orange Slices Lunch: Mini Corndogs, Green Beans, Apricots Snack: Apple Slices, Pretzels	16 Breakfast: Scrambled Eggs, Bananas Lunch: Wholegrain Pasta with Spaghetti Sauce, Broccoli, Fruit Cocktail Snack: Animal Crackers, Cheese Sticks	17 Breakfast: Turkey Sausage Pattie, French Toast Sticks Lunch: Popcorn Chicken Nuggets, Baked Fries, Pears Snack: Goldfish, Applesauce
20 	21 Breakfast: Grits, Turkey Bacon Lunch: Open Faced BBQ Sandwich, Black Eyed Peas, Pears Snack: Cheese Sticks, Animal Crackers	22 Breakfast: Pancakes, Strawberries Lunch: Crispidos, Corn, Fruit Cocktail Snack: Animal Crackers, Apple Slices	23 Breakfast: Hash Browns, Turkey Sausage, Peaches Lunch: Turkey and Cheese Wheat Slider, Green Beans, Mandarin Oranges Snack: Yogurt, Goldfish Crackers	24 Breakfast: Cereal, Orange Slices Lunch: Pizza, Diced Carrots, Pineapple Snack: Chex Mix, Applesauce
27 Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Wholegrain Penne Pasta with Spaghetti Sauce, Pineapple, Diced Carrots Snack: Apple Slices, Goldfish	28 Breakfast: Bagels, Yogurt Lunch: Chicken, Broccoli and Rice, Pears Snack: Graham Crackers, Applesauce	29 Breakfast: French Toast Sticks, Peaches Lunch: Crispidos, Green Beans, Pears Snack: Strawberries, Graham Crackers	30 Breakfast: Biscuits and Gravy, Apricots Lunch: Grilled Turkey and Cheese, Lima Beans, Fruit Cocktail Snack: Pretzels, Yogurt	31 Breakfast: Cereal, Bananas Lunch: Chicken Taco with Spinach, Peas, Carrots, Pineapple Snack: Animal Crackers, Orange Slices

