



January

2021

Monday	Tuesday	Wednesday	Thursday	Friday
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4	5	6	7	8
Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Breaded Chicken Nuggets, Diced Carrots, Fruit Cocktail Snack: Chex Mix, Raisins	Breakfast: Bagels, Applesauce Lunch: Grilled Turkey and Cheese Sandwich, Black Eyed Peas, Peaches Snack: Strawberries, Graham Crackers	Breakfast: French Toast Sticks, Strawberries Lunch: Baked Chicken Fries, Green Beans, Pears Snack: Ritz Crackers, Cut Grapes	Breakfast: Scrambled Eggs, Peaches Lunch: Wholegrain Pasta with Chicken and Spaghetti Sauce, Pineapple Snack: Cheese Sticks, Animal Crackers	Breakfast: Cereal, Bananas Lunch: Pizza, Potato Wedges, Pineapple Snack: Pretzels, Mango Chunks
11	12	13	14	15
Breakfast: Pancakes and Blueberries Lunch: Chicken Soft Taco, Wild Rice, Mandarin Oranges Snack: Yogurt, Strawberries	Breakfast: Cheesy Hash Browns, Turkey Sausage, Blueberries Lunch: Turkey and Cheese Roll up Carrot Sticks, Peaches Snack: Graham Crackers, Raisins	Breakfast: Cereal, Orange Slices Lunch: Mini Corndogs, Green Beans, Apricots Snack: Apple Slices, Pretzels	Breakfast: Scrambled Eggs, Bananas Lunch: Wholegrain Pasta with Spaghetti Sauce, Broccoli, Fruit Cocktail Snack: Animal Crackers, Cheese Sticks	Breakfast: Turkey Sausage Pattie, French Toast Sticks Lunch: Popcorn Chicken Nuggets, Baked Fries, Pears Snack: Goldfish, Applesauce
18	19	20	21	22
				
25	26	27	28	29
Breakfast: Turkey Sausage, Biscuit, Strawberries Lunch: Wholegrain Penne Pasta with Spaghetti Sauce, Pineapple, Diced Carrots Snack: Apple Slices, Goldfish	Breakfast: Bagels, Yogurt Lunch: Chicken, Broccoli and Rice, Pears Snack: Graham Crackers, Applesauce	Breakfast: French Toast Sticks, Peaches Lunch: Crispidos, Green Beans, Pears Snack: Strawberries, Graham Crackers	Breakfast: Biscuits and Gravy, Apricots Lunch: Grilled Turkey and Cheese, Lima Beans, Fruit Cocktail Snack: Pretzels, Yogurt	Breakfast: Cereal, Bananas Lunch: Chicken Taco with Spinach, Peas, Carrots, Pineapple Snack: Animal Crackers, Orange Slices