

OCTOBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast: Pancakes w/ Syrup, Fresh Fruit Lunch: Whole Grain Turkey & Cheese Sliders, Black Eyed Peas, Pears Snacks: Tangerine Slices; Mini Wheat Churros	2 Breakfast: Blueberry Muffin, Fresh Fruit Lunch: Mashed Potatoes w/ Mini Meatballs, Corn, Fruit Cocktail Snacks: Cheese Stick; Nutri-Grain Bar	3 Breakfast: Cheese Toast, Fresh Fruit Lunch: Popcorn Chicken, Field Peas, Mandarin Oranges Snacks: Applesauce Pouch; Nilla Wafers
6 Breakfast: Hashbrown Patty, Turkey Sausage Lunch: Beef Taquitos, Cheese Broccoli, Pineapple Snacks: Blueberries; Wheat Donut Holes	7 Breakfast: Whole Grain Biscuit & Gravy, Fresh Fruit Lunch: Chicken Fries, Mixed Vegetables, Peaches Snacks: Mandarin Oranges; Baked Chips	8 Breakfast: Cheesy Eggs, Fresh Fruit Lunch: Crisпитos, Green Beans, Mandarin Oranges Snacks: Pineapple Cup; Cheez-Its	9 Breakfast: Blueberry Scone, Turkey Sausage Lunch: Whole Grain Soy Butter & Jelly Sandwich, Tator Tots, Fruit Cocktail Snacks: Banana; Pudding	10 Breakfast: Chicken Potato Egg Bowl, Fresh Fruit Lunch: Cheese Ravioli w/ Spinach, Green Beans, Pears Snacks: Jell-O; Goldfish
13 Breakfast: Whole Grain French Toast Bites, Yogurt Lunch: Turkey & Cheese Roll Ups, Wild Rice, Fruit Cocktail Snacks: Peach Cups; Nilla Wafers	14 Breakfast: Waffles, Fresh Fruit Lunch: Chicken Quesadilla, Crinkle Fries, Pineapple Snacks: Yogurt; Dragon Punch Juice & Graham Crackers	15 Breakfast: Hashbrown Casserole, Fresh Fruit Lunch: Chicken Pot Pie w/ Biscuits, Peaches Snacks: Goldfish; Fig Bars	16 Breakfast: Baked Oatmeal, Bananas Lunch: Mini Cheese Burger, Sweet Potato Fries, Pears Snacks: Fruit Cocktail Cups; Puff White Cheddars	17 Breakfast: Whole Grain Biscuit w/ Jelly, Fresh Fruit Lunch: Crisпитos, Green Beans, Mandarin Oranges Snacks: Teddy Grahams; Raisins
20 Breakfast: Bagels w/ Cream Cheese, Fresh Fruit Lunch: Whole Grain Chicken Penne w/ Alfredo & Broccoli, Peaches Snacks: Mandarin Oranges; Animal Crackers	21 Breakfast: Yogurt Parfait; Turkey Sausage Lunch: Beef Ravioli, Mixed Vegetables, Pineapple Snacks: Rice Crisps; Cheez-Its	22 Breakfast: Pancakes w/ Syrup, Fresh Fruit Lunch: Whole Grain Turkey & Cheese Sliders, Black Eyed Peas, Pears Snacks: Tangerine Slices; Mini Wheat Churros	23 Breakfast: Blueberry Muffin, Fresh Fruit Lunch: Mashed Potatoes w/ Mini Meatballs, Corn, Fruit Cocktail Snacks: Cheese Stick; Nutri-Grain Bar	24 Breakfast: Cheese Toast, Fresh Fruit Lunch: Popcorn Chicken, Field Peas, Mandarin Oranges Snacks: Applesauce Pouch; Nilla Wafers
27 Breakfast: Hashbrown Patty, Turkey Sausage Lunch: Beef Taquitos, Cheese Broccoli, Pineapple Snacks: Blueberries; Wheat Donut Holes	28 Breakfast: Whole Grain Biscuit & Gravy, Fresh Fruit Lunch: Chicken Fries, Mixed Vegetables, Peaches Snacks: Mandarin Oranges; Baked Chips	29 Breakfast: Cheesy Eggs, Fresh Fruit Lunch: Crisпитos, Green Beans, Mandarin Oranges Snacks: Pineapple Cup; Cheez-Its	30 Breakfast: Blueberry Scone, Turkey Sausage Lunch: Whole Grain Soy Butter & Jelly Sandwich, Tator Tots, Fruit Cocktail Snacks: Banana; Pudding	31 Breakfast: Chicken Potato Egg Bowl, Fresh Fruit Lunch: Cheese Ravioli w/ Spinach, Green Beans, Pears Snacks: Jell-O; Goldfish