

OCTOBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Breakfast: Pancakes w/ Syrup, Fresh Fruit</p> <p>Lunch: Whole Grain Turkey & Cheese Sliders, Black Eyed Peas, Pears</p> <p>Snacks: Tangerine Slices; Mini Wheat Churros</p>	<p>2</p> <p>Breakfast: Blueberry Muffin, Fresh Fruit</p> <p>Lunch: Mashed Potatoes w/ Mini Meatballs, Corn, Fruit Cocktail</p> <p>Snacks: Cheese Stick; Nutri-Grain Bar</p>	<p>3</p> <p>Breakfast: Cheese Toast, Fresh Fruit</p> <p>Lunch: Popcorn Chicken, Field Peas, Mandarin Oranges</p> <p>Snacks: Applesauce Pouch; Nilla Wafers</p>
<p>6</p> <p>Breakfast: Hashbrown Patty, Turkey Sausage</p> <p>Lunch: Beef Taquitos, Cheese Broccoli, Pineapple</p> <p>Snacks: Blueberries; Wheat Donut Holes</p>	<p>7</p> <p>Breakfast: Whole Grain Biscuit & Gravy, Fresh Fruit</p> <p>Lunch: Chicken Fries, Mixed Vegetables, Peaches</p> <p>Snacks: Mandarin Oranges; Baked Chips</p>	<p>8</p> <p>Breakfast: Cheesy Eggs, Fresh Fruit</p> <p>Lunch: Crisпитos, Green Beans, Mandarin Oranges</p> <p>Snacks: Pineapple Cup; Cheez-Its</p>	<p>9</p> <p>Breakfast: Blueberry Scone, Turkey Sausage</p> <p>Lunch: Whole Grain Soy Butter & Jelly Sandwich, Tator Tots, Fruit Cocktail</p> <p>Snacks: Banana; Pudding</p>	<p>10</p> <p>Breakfast: Chicken Potato Egg Bowl, Fresh Fruit</p> <p>Lunch: Cheese Ravioli w/ Spinach, Green Beans, Pears</p> <p>Snacks: Jell-O; Ritz Bitz Cheese Crackers</p>
<p>13</p> <p>Breakfast: Whole Grain French Toast Bites, Yogurt</p> <p>Lunch: Turkey & Cheese Roll Ups, Wild Rice, Fruit Cocktail</p> <p>Snacks: Peach Cups; Nilla Wafers</p>	<p>14</p> <p>Breakfast: Waffles, Fresh Fruit</p> <p>Lunch: Chicken Quesadilla, Crinkle Fries, Pineapple</p> <p>Snacks: Yogurt; Dragon Punch Juice & Graham Crackers</p>	<p>15</p> <p>Breakfast: Hashbrown Casserole, Fresh Fruit</p> <p>Lunch: Chicken Pot Pie w/ Biscuits, Peaches</p> <p>Snacks: Goldfish; Fig Bars</p>	<p>16</p> <p>Breakfast: Baked Oatmeal, Bananas</p> <p>Lunch: Mini Cheese Burger, Sweet Potato Fries, Pears</p> <p>Snacks: Fruit Cocktail Cups; Puff White Cheddars</p>	<p>17</p> <p>Breakfast: Whole Grain Biscuit w/ Jelly, Fresh Fruit</p> <p>Lunch: Crisпитos, Green Beans, Mandarin Oranges</p> <p>Snacks: Teddy Grahams; Raisins</p>
<p>20</p> <p>Breakfast: Bagels w/ Cream Cheese, Fresh Fruit</p> <p>Lunch: Whole Grain Chicken Penne w/ Alfredo & Broccoli, Peaches</p> <p>Snacks: Mandarin Oranges; Animal Crackers</p>	<p>21</p> <p>Breakfast: Yogurt Parfait; Turkey Sausage</p> <p>Lunch: Beef Ravioli, Mixed Vegetables, Pineapple</p> <p>Snacks: Rice Crisps; Cheez-Its</p>	<p>22</p> <p>Breakfast: Pancakes w/ Syrup, Fresh Fruit</p> <p>Lunch: Whole Grain Turkey & Cheese Sliders, Black Eyed Peas, Pears</p> <p>Snacks: Tangerine Slices; Mini Wheat Churros</p>	<p>23</p> <p>Breakfast: Blueberry Muffin, Fresh Fruit</p> <p>Lunch: Mashed Potatoes w/ Mini Meatballs, Corn, Fruit Cocktail</p> <p>Snacks: Cheese Stick; Nutri-Grain Bar</p>	<p>24</p> <p>Breakfast: Cheese Toast, Fresh Fruit</p> <p>Lunch: Popcorn Chicken, Field Peas, Mandarin Oranges</p> <p>Snacks: Applesauce Pouch; Nilla Wafers</p>
<p>27</p> <p>Breakfast: Hashbrown Patty, Turkey Sausage</p> <p>Lunch: Beef Taquitos, Cheese Broccoli, Pineapple</p> <p>Snacks: Blueberries; Wheat Donut Holes</p>	<p>28</p> <p>Breakfast: Whole Grain Biscuit & Gravy, Fresh Fruit</p> <p>Lunch: Chicken Fries, Mixed Vegetables, Peaches</p> <p>Snacks: Mandarin Oranges; Baked Chips</p>	<p>29</p> <p>Breakfast: Cheesy Eggs, Fresh Fruit</p> <p>Lunch: Crisпитos, Green Beans, Mandarin Oranges</p> <p>Snacks: Pineapple Cup; Cheez-Its</p>	<p>30</p> <p>Breakfast: Blueberry Scone, Turkey Sausage</p> <p>Lunch: Whole Grain Soy Butter & Jelly Sandwich, Tator Tots, Fruit Cocktail</p> <p>Snacks: Banana; Pudding</p>	<p>31</p> <p>Breakfast: Chicken Potato Egg Bowl, Fresh Fruit</p> <p>Lunch: Cheese Ravioli w/ Spinach, Green Beans, Pears</p> <p>Snacks: Jell-O; Ritz Bitz Cheese Crackers</p>